

TAKE A KINESIO TAPING® SEMINAR



KINESIO
UNIVERSITY

4001 Masthead ST NE Albuquerque, NM 87109 | 888-320-TAPE

SPECIALTY HAND CONCEPTS OF THE KINESIO TAPING® METHOD

Instructor:



Seminar Location

Seminar Date:



NCBTMB 8 CEUs



AOTA Classification 2
AOTA 8 CEUs



NCCAOM 8 PDAs

SEMINAR INFORMATION:

Seminar Description:

Specialty Hand Concepts of the Kinesio Taping® Method is an 8 hour advanced seminar appropriate for practitioners who treat upper extremity/hand problems. Participants will have completed 1&2, and 3 prior to enrolling in KT4 Hand. In this seminar we will explore common diagnoses seen in the hand clinic and present suggested taping techniques for them. The seminar will utilize lecture, lab, and case studies to demonstrate appropriate taping techniques. Assessment of the diagnoses presented will help the student to apply similar techniques to any indicated problem they should encounter in the clinic. According to the acuity of injury, we will utilize techniques to target the most superficial tissues to the deepest. In addition we will also encourage problem solving by the students to enhance the learning process.

Authors: Kenzo Kase, DC, Randall Alford, OTR, CHT, CKTI, and Karen Danish, PT, CHT, CKTI.

Cancellation Policy: Registration fee, less \$75, will be refunded if written cancellation is received 14 days prior to the seminar. No refunds will be given after that date. Kinesio University reserves the right to cancel at any time with full refund.

Seminar Prerequisites & Target Audience:

Seminar Prerequisites:

Completion of approved Kinesio Taping® 3 Advanced Techniques and Clinical Reasoning.
In order to attend a Kinesio Taping® seminar, each attendee must meet all of the following criteria:

- Must have completed 80 course hours of anatomy and physiology
- Must have a working knowledge of the musculoskeletal system
- Must be able to do assessments by evaluating and/or diagnosing injuries and conditions
- Must have achieved or is a student in their junior or senior year (transcripts must be provided) working towards one or more of the following credentials: ARNP, ATC, CAT(C), CCSP, CDP, CHT, CLT, CMBT, CMT, CNMT, COMT, COTA, COTA/L, CPO, CPT, CPTA, CRN, CST, CT, DC, DO, DOM, DPT, Lac, LAT, LLCC, LMBT, LMP, LMT, LOT, LOTA, LPT, LPTA, MD, MDT, MLD, MOT, MOTR/L, MPT, MT, MTC, NCMT, NCTMB, NDT, NMD, NMT, NP, NRC, OCS, ODT, OMD, OPA, OT, OTA, OTC, OTR, OTR/L, PT, PT-C, PTA, PA, RMT, RN, RPT, RPTA, SLP, Paramedic, Kinesiologist.

Target Audience:

ARNP, ATC, CAT(C), CCSP, CDP, CHT, CLT, CMBT, CMT, CNMT, COMT, COTA, COTA/L, CPO, CPT, CPTA, CRN, CST, CT, DC, DO, DOM, DPT, Lac, LAT, LLCC, LMBT, LMP, LMT, LOT, LOTA, LPT, LPTA, MD, MDT, MLD, MOT, MOTR/L, MPT, MT, MTC, NCMT, NCTMB, NDT, NMD, NMT, NP, NRC, OCS, ODT, OMD, OPA, OT, OTA, OTC, OTR, OTR/L, PT, PT-C, PTA, PA, RMT, RN, RPT, RPTA, SLP, Paramedic, Kinesiologist.

Instructional Methods: Live seminar with hands-on labs.

Education Level: Advanced

Seminar Completion Requirements:

Attendee must attend the entire seminar in order to receive Certificate of Course Completion, Letter of Attendance, and CEUs.

www.KinesioTaping.com

LEARNING OBJECTIVES:

Upon Completion of this course, the student will be able to apply advanced Kinesio Taping® Techniques to Upper Extremity Sports and Orthopedic conditions, progressing from acute to chronic:

- Joint instability
- Repetitive Strain injuries
- Fractures
- Tendinitis
- Nerve injury
- Sprain/Strain
- Posture

The student will be able to apply advanced techniques and concepts to other orthopedic or sports diagnoses they may find in practice.

AGENDA:

DAY 4 - SPECIALTY HAND THERAPY CONCEPTS OF THE KINESIO TAPING® METHOD

8 am	Introduction
8:10	Lymphedema and Swelling of the Upper Extremity – 5 minutes lecture and 15 minutes lab
8:30	Wrist sprain, TFCC; 10 minutes lecture and 20 minutes lab
9:00	PIP/DIP Sprain/pain; 5 minutes lecture and 15 minutes lab
9:20	Metacarpal Fractures; 10 minutes lecture and 20 minutes lab
9:50	CMC joint arthritis; 5 minutes lecture and 15 minutes lab
10:10	Break
10:25	Ulnar Drift of MCP's; 5minutes lecture and 15 minutes lab
10:45	Dorsal Ganglion; 5 minutes lecture and 15 minutes lab
11:05	Lateral Epicondylitis; 5 minutes lecture and 15 minutes lab
11:25	Medial Epicondylitis; 5 minutes lecture and 15 minutes lab
11:45	Summary of the morning
Noon	Lunch
1 PM	Little League Elbow; 5 minutes lecture and 15 minutes lab
1:20	Ulnar Nerve compression; 5 minutes lecture and 15 minutes lab
1:40	ECU subluxation; 5 minutes lecture and 15 minutes lab
2:00	Finger Flexor Facilitation; 5 minutes lecture and 15 minutes lab
2:20	Shoulder Instability; 5 minutes lecture and 15 minutes lab
2:40 – 3:40	Problem Solving, Present case to group that they have to come up with ways to tape; lab time to practice group taping strategies
3:40 – 3:55	Break
3:55	Humeral Fractures Case Study - lecture
4:05	Scar Tapings; 20 minutes lecture and 20 minutes lab
4:45-5pm	Questions and Answers